

Meeting: Policy Development and Decision Group
(Joint Commissioning Team)

Date: 6 November 2017

Wards Affected: All

Report Title: Healthy Lifestyles Service – proposed contract extension

Is the decision a key decision? No

When does the decision need to be implemented? ASAP

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1. Proposal and Introduction

- 1.1 Healthy Lifestyles provision in Torbay is provided by Torbay and South Devon NHS Foundation Trust. Torbay is characterised by:
 - High rates of pregnant women who smoke at time of delivery
 - High rates of young people who 'regularly smoke' at age 15 years
 - High rates of adults who are overweight or obese
 - Low rates of physical exercise in adults
 - Low self-reported levels of mental and emotional wellbeing.
- 1.2 The Department of Health (DoH) Public Health grant is made to Public Health teams situated within Local Authorities to improve the health behaviours of the population. Part of this grant is used to commission healthy lifestyles services so that people who want to quit smoking, lose weight or improve physical activity and mental wellbeing have a source of support to do so.
- 1.3 The positive impact of investing in the improvement of population lifestyle behaviours is well understood: Children, people and families have improved quality of life, and commissioners spend less public money on unscheduled, costly services, like A&E services or housing and council tax benefits. Helping people to help keep themselves fit and well ultimately results in less demand on services.
- 1.4 However, this work is not straightforward as behaviours can often be entrenched, and difficult to change. The evidence shows that Torbay has comparatively high rates of people and families who live with disadvantage, which infers that

supporting their health behaviours is complex and skilled work, for both commissioners and providers alike.

2. Reason for Proposal

- 2.1 The Public Health move from the health service to local government in recent years has brought with it a change in procurement legislation.
- 2.2 Torbay's healthy lifestyles provision has a contract up to 30 March 2018, with the permission to extend this by one further year. This service will need to be re-procured on the open market in the future to satisfy this legislation.
- 2.3 The budget for this service is £316,000.
- 2.4 This request is made for permission to extend the current Healthy Lifestyles contract by one year to 31 March 2019 (as per the existing contract terms) to allow for the full development and agreement of the wider Public Health procurement timetable.

3. Recommendation(s) / Proposed Decision

- 3.1 That the current Healthy Lifestyles Service contract be extended for one year, until 30 March 2019, as per the current contract terms and conditions.

Appendices

Appendix 1:

Background Documents

none

Report Clearance

Report clearance:	This report has been reviewed and approved by:	Date:
Chief Executive	Steve Parrock	
Monitoring Officer	Anne-Marie Bond	
Chief Finance Officer	Martin Phillips	
Relevant Director/Assistant Director	Caroline Dimond	

Section 1: Background Information

1. What is the proposal / issue?

This request is made for permission to extend the current Healthy Lifestyles contract by one year to 31 March 2019.

2. What is the current situation?

There is a current Healthy Lifestyles Service contract in place with Torbay and South Devon NHS Foundation Trust. The initial phase of the contract expires on 31 March 2018, however, there is provision within the contract to extend this by one year (up to 30 March 2019).

3. What options have been considered?

The options considered have included:

1. Procuring a new service from 1 April 2018 – this is not a viable option because:
 - Procurement timescales simply do not allow for this to take place within the timescale
 - Having consulted on changes to the Healthy Lifestyles Service in previous years, it is clear that the public values this service greatly, and any 'modernisation' changes must have good appeal to residents and meet the populations' needs.
 - Implementation of the revised model, agreed by council in February 2017, has only just been implemented and outcomes from this are starting to be obtained for assessing its effectiveness; re-procuring now would undermine the extensive redesign work undertaken
 - Two major re-procurement projects (including several minor projects) are already underway and led by the Public Health Commissioning Team, resulting in reduced capacity to take on a third major project in a way that could achieve this timeframe.
2. Not continuing with/decommissioning healthy lifestyles provision– this is not a favourable option because:
 - it would mean that health risk behaviours in the population increase, resulting in more long-term conditions and downstream incurring additional expenditure and unscheduled care to Local Authority and CCG commissioners.
 - it would be inevitable that people, for instance those who have experienced acute healthcare crises such as cardiovascular disease or cancer, would not receive appropriate support to adopt better health behaviours and avoid repeat healthcare crises, placing more pressure on adult social care, health and housing budgets.

4.	<p>How does this proposal support the ambitions, principles and delivery of the Corporate Plan?</p> <p>This proposal supports the principles of a prosperous and healthy Torbay by focussing on prevention of ill health. Supporting healthy lifestyles is a stated intention of the Corporate Plan and services currently have a delivery model that is inclusive to everyone, while targeting support towards vulnerable and disadvantaged people and families.</p>
5.	<p>How does this proposal contribute towards the Council's responsibilities as corporate parents?</p> <p>The current lifestyles service helps people who experience entrenched poor health behaviours. There is well researched evidence that shows adults who were looked after by the LA as children are more at risk of clusters of poor health behaviours, than adults in the general population. Clusters of poor health behaviour can range from oral health to mental wellbeing and physical health.</p> <p>In this way, the lifestyles service contributes to the wellbeing and health of families who experience disadvantage and inequality due to a parent's looked after status as a child.</p>
6.	<p>How does this proposal tackle deprivation?</p> <p>The current healthy lifestyles service is a public health commissioned service for the whole population of Torbay, but it specifically targets help to those who live in deprived communities or families who live with disadvantage.</p>
7.	<p>Who will be affected by this proposal and who do you need to consult with?</p> <ul style="list-style-type: none"> • The current service provider would remain <i>in situ</i>, and contract managers would need to speak with the service to ensure it is willing to agree to operationalise the +1 option in the contract • Service users would continue to use the same service, and see no substantive change to their support • Stakeholders to the current service provider would remain unaffected, in particular other services provided by Torbay and South Devon NHS Foundation Trust. <p>It is not considered that a formal consultation is required in order to extend the current Healthy Lifestyles Service for one year. However, full and proper consultation would be felt appropriate during 2018, once a range of options for future provision is achieved.</p>
8.	<p>How will you propose to consult?</p> <p>We do not propose to consult at this time, as above.</p>

Section 2: Implications and Impact Assessment

9.	<p>What are the financial and legal implications?</p> <p>The ongoing provision of lifestyles into the financial year 2018/19 has been included into the Public Health commissioning budget for 2018/19 and currently does not feature in the budget savings required from the Public Health Grant. There are therefore no additional financial implications beyond the existing anticipated spend.</p> <p>There are no legal implications as the contract has provisions to extend for one further year.</p>
10.	<p>What are the risks?</p> <p>If the current contract is not extended there is a risk that there will be no healthy lifestyles service open to residents of Torbay on 1 April 2018.</p> <p>Procurement timeframes and capacity do not allow for a full procurement exercise to be undertaken for a new service to commence on 1 April 2018 and therefore some form of extension to the current provision will have to be awarded to allow for this exercise to be completed.</p>
11.	<p>Public Services Value (Social Value) Act 2012</p> <p>It is considered that there is no procurement exercise required in order to extend the current Healthy Lifestyles Service contract by one year.</p>
12.	<p>What evidence / data / research have you gathered in relation to this proposal?</p> <p>See no 11 below.</p>
13.	<p>What are key findings from the consultation you have carried out?</p> <p>Previous consultation with the public has identified that the Healthy Lifestyles Service is greatly respected by the residents of Torbay. This request to extend the current contract by one year – with no proposed changes to delivery model – is based in a degree of confidence that commissioners are in effect doing what the public and its elected representatives have already requested.</p> <p>Further consultation on identified alternative service models is proposed during 2018.</p>
14.	<p>Amendments to Proposal / Mitigating Actions</p> <p>Not applicable.</p>

Equality Impacts

13	Identify the potential positive and negative impacts on specific groups			
		Positive Impact	Negative Impact & Mitigating Actions	Neutral Impact
	Older or younger people			No change to the residents of Torbay
	People with caring Responsibilities			No change to the residents of Torbay
	People with a disability			No change to the residents of Torbay
	Women or men			No change to the residents of Torbay
	People who are black or from a minority ethnic background (BME) <i>(Please note Gypsies / Roma are within this community)</i>			No change to the residents of Torbay
	Religion or belief (including lack of belief)			No change to the residents of Torbay
	People who are lesbian, gay or bisexual			No change to the residents of Torbay
	People who are transgendered			No change to the residents of Torbay
	People who are in a marriage or civil partnership			No change to the residents of Torbay
	Women who are pregnant / on maternity leave			No change to the residents of Torbay

	Socio-economic impacts (Including impact on child poverty issues and deprivation)			No change to the residents of Torbay
	Public Health impacts (How will your proposal impact on the general health of the population of Torbay)			No change to the residents of Torbay
14	Cumulative Impacts – Council wide (proposed changes elsewhere which might worsen the impacts identified above)	None		
15	Cumulative Impacts – Other public services (proposed changes elsewhere which might worsen the impacts identified above)	None		